

Woody Aths - Cross Country

Week:	14
Date:	4/08/2023
Location:	Haddon Dam Handicap

The Woody Athletic Club ran the Haddon Dam Handicap. A tricky course with age groups running in different directions. We didn't lose anyone (!) and those who ran slightly different courses have had their times adjusted to accommodate variances.

Fastest times:

U6: Lachlan H; U8: Leroy B; U10: Huon A; U12: Sullivan M; U14: Ava A U16: U18: Open: Liz W

Junior Handicap winners:

1st Lachlan H; 2nd Huon A; 3rd Leroy B

Senior Handicap winners:

1st Chris E; 2nd Liz W; 3rd Pippa W

All results are displayed on our website: <http://woodyathletics.org.au/results/>

Chocolates are donated by MARS Chocolate.

This weeks draw winner was Declan E

Week 14	Age	Dist	Time	Hcp	Race time	Dam	Nimons	Water Race	Scarsdale	Scratch
Haddon Dam HCP						VARs	VARs	VARs	VARs	RUN
Alby M	u6	500	3.40	4.50	8.30	0.440				
Alyssa E	u6	500	3.44	4.10	7.54	0.448	0.558	0.430	0.463	0.468
Brylee W	u6	500								
Grace M	u6	500	3.33	4.35	8.08	0.426	0.438	0.430	0.462	0.428
Hamish B	u6	500	2.59	4.55	7.54	0.358	0.384	0.352	0.425	0.390
Lachlan H	u6	500	2.47	5.22	8.09	0.334	0.340	0.316		0.327
Aurora L	u6	1120	12.29	0.29	12.58	0.669		0.459	0.416	0.406
Benji F	u8	1120	7.50	0.53	8.43	0.420	0.368	0.388	0.575	0.390
Connor B	u8	1120	7.31	0.15	7.46	0.403	0.407	0.382		0.413
Leroy B	u8	1120	5.43	2.17	8.00	0.306	0.310	0.284	0.323	0.293
Michael M	u6	1120	8.36	1.56	10.32	0.461	0.383	0.445	0.399	0.403
Theo E	u8	1120	6.47	1.20	8.07	0.363	0.362	0.358	0.347	0.376
Annabelle F	u10	1120	12.29		13.55	0.746	0.449		0.580	
Declan E	u10	1120	5.34	2.05	7.39	0.298	0.302	0.281	0.309	0.326
Fletcher M	u10	1120	5.33	2.02	7.35	0.297	0.297	0.277	0.303	0.369
Huon A	u10	1120	4.40	2.58	7.38	0.250	0.240	0.236	0.256	
Nellie W	u10	1120	8.20	0.52	9.12	0.446	0.370			0.365
Winnie M	u10	1120	12.23		13.15	0.710				
Jed B	u12	2450	16.50	18.32	35.22	0.412	0.296	0.217	0.286	0.271
Lucas E	u12	2450	17.02	14.49	31.51	0.417	0.386	0.289	0.366	0.383
Pippa W	u12	2450	17.03	13.11	30.14	0.418	0.404			0.358
Poppy E	u12	2450								
Ruby A	u12	2450	16.42	17.50	34.32	0.409	0.296		0.276	0.312

Sullivan M	u12	2450	16.40	18.41	35.21	0.408	0.292	0.215	0.349	0.274
Ava A	u14	3950	20.18	13.22	33.41	0.348	0.351		0.478	0.31
Bridgit S	u14	3950								
Kody E	u18	3950								
Benita M	Open	3950	24.29	5.58	30.27	0.372				0.381
Brian M	Open	3950	19.20	10.54	30.15	0.294	0.321	0.282	0.282	0.299
Cam M	Open	3950							0.379	0.385
Chris E	Open	3950	22.38	6.46	29.24	0.344	0.373	0.347	0.342	0.400
Elizabeth W	Open	3950	19.01	11.10	30.11	0.289	0.304	0.283	0.285	0.306
Lucy F	Open	3950	30.00	1.14	31.14	0.456	0.498		0.480	
Tina D	Open	3950	28.03	4.12	32.15	0.426	0.462	0.409	0.417	0.372